

FUNDamentals 2 GIRLS

Indoor 2017-18 – First Half

| | TEAM | COACHES | EMAIL |
|---|-------------------------|----------------------------------|--|
| 1 | Castle Rock Enterprises | Laura Whitty Tara Larkin | lwhitty22@yahoo.com taradlarkin@gmail.com |
| 2 | Salé Salvage | Ben Mercier | benmerc@gmail.com |
| 3 | Tangerine Technology | Ken Howard Samantha Samuelson | k2howie@hotmail.com slsmlsn@mac.com |

| DATE | CGC Flexihall MIDDLE 1/3 5:45 - 6:45 pm |
|-------------------------------------|---|
| Tues Oct. 24 | 1-2 |
| Thurs Oct. 26 | 2-3 |
| Tues Oct. 31 | HALLOWE'EN – no soccer! |
| Thurs Nov. 2 | 1-3 |
| Tues Nov. 7 | 1-2 |
| WED Nov. 8 Fieldhouse 7-8pm | 2-3 |
| Thurs Nov. 9 | 1-3 |
| Tues Nov. 14 | 2-3 |
| WED Nov. 15 Fieldhouse 7-8pm | 1-2 |
| Thurs Nov. 16 | 1-3 |
| Tues Nov. 21 | 1-2 |
| WED Nov. 22 Fieldhouse 7-8pm | 1-3 |
| Thurs Nov. 23 | 2-3 |
| Tues Nov. 28 | 1-3 |
| WED Nov. 29 Fieldhouse 7-8pm | 2-3 |
| Thurs Nov. 30 | 1-2 |
| Tues Dec. 5 | 2-3 |
| WED Dec 6 Fieldhouse 7-8pm | 1-2 |
| Thurs Dec. 7 | 1-3 |

SAVE THE DATE - The Annual Toonie Tournament is DECEMBER 8-9, 2017

RESPECT:

- Please adhere to the principals of **FAIR PLAY**.
- Please give **EVERYONE** equal paying time regardless of ability.
- Coaches please be mindful of the power you have over a child's self esteem.
- Coaches, players and parents, please use appropriate language at all times.
- Players must be able to follow instructions.
- **Parents, coaches and players are not to yell at the referee. Being a referee is not an easy job!**

FORMATS:

GAMES – 4 v 4 plus goalie

- 10 minute warm up
- 20 minute skills/drills
- Two 15 minute halves