

FUNdamentals 2 GIRLS

Indoor 2017-18 – SECOND HALF **REVISED**

	TEAM	COACHES	EMAIL
1	Castle Rock Enterprises	Laura Whitty Tara Larkin	lwhitty22@yahoo.com taradlarkin@gmail.com
2	Salé Salvage	Ben Mercier	benmerc@gmail.com
3	Tangerine Technology	Ken Howard Samantha Samuelson	k2howie@hotmail.com slsmlsn@mac.com

DATE	CGC FIELDHOUSE FRONT HALF 6:00 – 7:00 pm	CGC FIELDHOUSE BACK HALF 7:00 – 8:00 pm
Tues Jan.9	2-3	
WED Jan 10 Fieldhouse 7-8pm		1-3
Thurs Jan 11	1-2	
Tues Jan. 16	2-3	
WED Jan. 17 Fieldhouse 7-8pm		1-2
Thurs Jan. 18	1-3	
Tues Jan. 23	1-3	
WED Jan. 24 Fieldhouse 7-8pm		2-3
Thurs Jan 25	1-2	
Tues Jan 30	2-3	
WED Jan 31 Fieldhouse 7-8pm		1-3
Thurs Feb 1	1-2	
Tues Feb 6	2-3	
WED Feb 7 Fieldhouse 7-8pm		1-2
Thurs Feb 8	1-3	
Tues Feb 13	1-3	
WED Feb 14 Fieldhouse 7-8pm		2-3
Thurs Feb 15	1-2	
Tues Feb 20	2-3	
WED Feb 21 Fieldhouse 7-8pm		1-3
Thurs Feb 22	1-2	
Tues Feb 27	2-3	
WED Feb 28 Fieldhouse 7-8pm		1-2
Thurs Mar 1	1-3	
Tues Mar 6	1-3	
WED Mar 7 Fieldhouse 7-8pm		2-3
Thurs Mar 8	1-2	

SAVE THE DATE - Yukon Indoor Futsal Championships are March 9-11, 2018.

GAME FORMAT – 4 v 4 plus goalie

- 10 minute warm up
- 20 minute skills/drills
- Two 15 minute halves